

AUTHENTIC LEADERSHIP

RECLAIM YOUR GREAT STORY PROGRAM

HONOR YOUR GRACE-VISION-PASSION- FEEL JOY

MAKE CONSCIOUS CHOICES THAT ARE ALIGNED WITH
WHO YOU ARE-CHOOSE TO BE **AWAKE & AWARE**

Have you caught yourself telling the same story over and over again that leaves you with bad feelings and thoughts? Do you hear yourself blaming others or the system because you are confused and can't seem to figure out what is going on, leaving you with feelings of guilt and shame?

Or, no matter how hard you work, contribute or do your part, you just don't feel like it is enough or that feeling of accomplishment and being grateful seems to be fleeting at best?

Do you have a secret yearning, a tug at your heart to be and do something differently? OR to contribute in a bigger way? TO nourish those flashes of insights you get when you tap into your intuition by focusing your attention on **WHAT YOU REALLY WANT?**

What you will receive by taking this program

1. You will **recognize what story is running you**, making you feel bad overwhelmed and hopeless (wounded or victim story) OR always tired and frustrated (overcome story).
2. You will **learn to think beyond logic, quick fixes and problem solving** by shifting from a paradigm of separation & fear to a paradigm of connection & joy where intuition, insights, creativity, hunches and inspiration are accessible when focusing on your INNER WORK.
3. You will learn the four step **Responsibility Formula** that will allow you to make more empowered choices and decisions.

4. You will increase your **Emotional Comfort Zone** by learning to name and express emotions that may have been repressed by creating an **emotional timeline of your life**. This time line will help you identify patterns that contribute to being stuck or overwhelmed.
5. You will **identify your wounding** (event OR a careless comment) that is the **source of disempowering beliefs** that are running you. You will discover how you may have protected yourself by learning to avoid being vulnerable by numbing or repressing your own feelings.
6. You will learn how to describe and follow your emotions to discover what part of yourself needs healing and how to shift your emotions using the 21 human emotions outlined in the **Tiers of Emotions tool**.
7. You will **reclaim your authentic self** and make empowered choices from a place of your **great story honoring your passion, vision and grace**.
8. You will then contribute to the **evolutionary shift** where you will bring your unique light diminishing the darkness of scarcity, fear and divisive approaches that we are seeing in the world of Trump like leadership approaches.
9. You will return to a body, mind and spiritual balance grounded in the **integrative holistic paradigm** of connection and compassion for self and others.

What the program includes:

1. The creative process of **coaching** (consists of 12 private 1:1 coaching sessions 1-11/2 hours on phone OR in person in the art studio which includes graphic facilitation and follow up coaching notes).
2. The online **Lucid Living Great story program** at a discounted price.
3. The powerful impact of **small group work (eight-2 hour sessions)** women supporting women to learn this empowering framework. Sessions will be recorded and accessible via free conference line. TIME: 7pm -9pm DATES: **2017** Monday Sept.18, Oct. 2 & 23, Nov.13 & 27 **2018** Jan. 22, Feb. 12 March 5, April 9th.

Calling for women who are

wanting to shift away from the TRUMP leadership paradigm (division, scarcity and FEAR) and who want to be part of the evolutionary shift where connection, accessing creativity and intuition reclaiming your **GREAT STORY** will heal our planet.

Investment 8 months Sept. 18/17 -Dec 8/17 & Jan. 15/18-April 9/18

The fee for **Authentic Leadership Reclaim your great story program**

Take a look at the **online home study program** which is valued at @ \$497 US regularly \$897. This includes seven modules (26 audio lessons) with content and coaching demos with follow along study guides.

<http://greatstorycoaching.com/breakthrough/> .

Last day to register Monday September 18 2017 midnight

Option One= Best deal paying upfront \$2797 includes home study program (valued at \$897), coaching 1:1 (12 sessions value \$1800) and 8 small group meetings (valued @ \$800).

Option two: Pay **\$600 now** then pay monthly September 2017-April 2018 **\$297.00 a month.**

Reserve your seat now (8 seats ONLY)

1. Email: l.j.mcleod@shaw.ca with your commitment.
2. OR, Call Lynda McLeod 250-884-3896.
3. Email transfer your registration fee to secure your seat.

Once you have registered I will send you a link for the home study Lucid Living online great story program. I will then send you a schedule of small group meetings with my coaching availability.